



JOIN YHAT!

Make a difference in your community!

The **Youth Health Action Team (YHAT)**, is a youth-led coalition for people 14 to 24, focused on mental and behavioral health for themselves and their peers in Pima County.

The goal of the YHAT is to spread awareness of the importance of youth mental and behavioral health and help you develop skills that could lead to future career opportunities!

All you need to do in order to join is:

- Be between 14 to 24 years old
- Have an interest in youth mental health and advocacy
- Live in Pima County

If you would like to learn more, [click here](#) or scan the QR code to complete an application.



YHAT is supported and hosted by the Pima County Public Library and the Pima County Health Department.